Mission: Mermaid

Professor Ari Berk has lent his life to folklore, now he partners to shed light on the ocean

CENTRAL MICHIGAN LIFE
WWW.CM-LIFE.COM

MARCH 16, 2023 || MOUNT PLEASANT, MI

SOARING EAGLE CASINO & RESORT
Get your tickets at Soaring Eagle Casino or Saganing Eagles Landing Casino Box Offices, ETIX.COM or call 1.800.513.ETIX.

KOOL & THE GANG
SATURDAY, MARCH 18
8:00PM
$40, $50, $66, $74

REO SPEEDWAGON
SATURDAY, MARCH 25
8:00PM
SOLD OUT

JORDAN DAVIS
FRIDAY, APRIL 7
8:00PM
SOLD OUT

MAXWELL
THE NIGHT TOUR
FRIDAY, APRIL 14
8:00PM
$69, $89, $102, $109

ALICE COOPER
TOO CLOSE FOR COMFORT
FRIDAY, APRIL 28
8:00PM
$44, $54, $72, $78

Study. Travel. Zen. Eat. Repeat.

Special discounts with Prime Student.

Redeem Now

amazon.com/joinstudent

prime student

Course Hero Student Universe Calm GRUBHUB

PHOTO HIGHLIGHT

CM LIFE .COM

FOLLOW US ONLINE

Make sure to read all of our coverage on our website, cm-life.com.

Caroline Sharbaugh | Presentation Editor

A butterfly takes a ride on a mini skate board at Dow Garden's butterfly exhibit Tuesday, March 7, in Midland.

On the cover **Ella Miller | Staff Photographer**

Ari Berk reads a book Monday, March 13, at his house in Mt. Pleasant. Berk enjoys covering his walls floor-to-ceiling with things he has collected, and says he can't imagine living in a home with bare walls.

INDEX

SPECIAL 7 **All things Irish**
From history to mocktails, we celebrate St. Patrick's Day.

SPORTS 11 **NCAA-bound**
Three CMU wrestlers take the mat in search of national honors.

EDITORIAL 13 **Let the sunshine in**
Know your role in media literacy, this Sunshine Week.

ONLINE **Holi- Festival of Colors**
Join the Indian Student Association in celebrating Holi, the Festival of Colors.

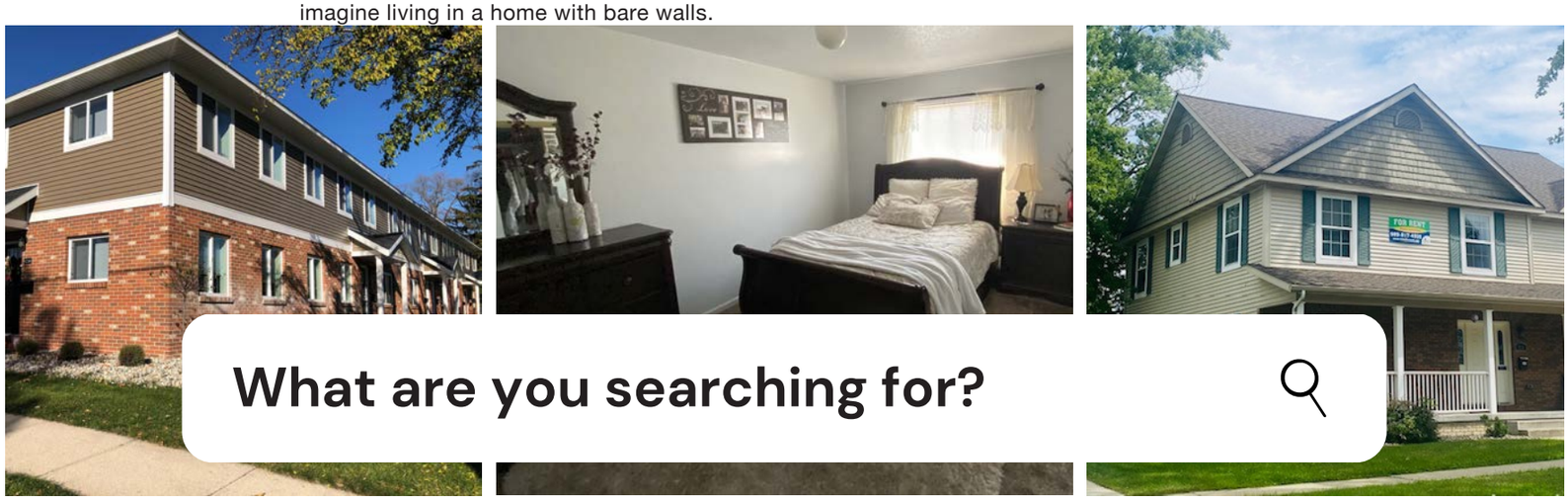
PODCAST **Back in Black**
It's Oscars season, and the Raving Geeks dive into Black-led movies that don't deal with racism.

STAFF

EDITORIAL
EDITOR-IN-CHIEF
Aurora Rae
NEWS EDITORS
Patrick Bouman
Zipporah Abarca
SPORTS EDITOR
Ashley Birkness
VISUAL EDITIOR
Nate Pappas
PODCAST EDITOR
Mike Gonzalez
PRESENTATION EDITOR
Caroline Sharbaugh
DESIGN EDITOR
Alexandria Sprague
DESIGNERS
Madelyn Kerbyson
Akhila Sannidhi
Kendyl Wilson

ADVERTISING
MANAGERS
Jonas Halverson-Morey
Rachel Kidder

PROFESSIONAL STAFF
DIRECTOR OF STUDENT PUBLICATIONS
Regan Foster
ASSISTANT DIRECTOR OF STUDENT PUBLICATIONS
Kathy Simon



APARTMENTS TOWNHOMES HOUSES DUPLEXES

THE PLACE to find YOUR PLACE.

www.CentralMichiganLiving.com

Central Michigan Life, the independent voice of Central Michigan University, is edited and published by students of Central Michigan University every-other Thursday during the fall and spring semesters. The newspaper's online edition, cm-life.com, contains all of the material published in print, and is updated on an as-needed basis.

Central Michigan Life serves the CMU and Mount Pleasant communities, and is under the jurisdiction of the independent Student Media Board of Directors. Regan Foster serves as Director of Student Media at CMU and is the adviser to the newspaper. Articles and opinions do not necessarily reflect the position or opinions of Central Michigan University. Central Michigan Life is a member of the Associated Press, the Michigan Press Association, the Michigan Collegiate Press Association, the Associated Collegiate Press, College Newspaper Business & Advertising Managers Association, the Mount Pleasant Area Chamber of Commerce, Central Michigan Home Builders Association, Mount Pleasant Housing Association and the Mount Pleasant Downtown Business Association. The newspaper's online provider is SN Works.

Central Michigan Life is distributed throughout the campus and at numerous locations throughout Mount Pleasant. Non-university subscriptions are $75 per academic year. Back copies are available at 50 cents per copy, or $1 if mailed. Photocopies of stories are 25 cents each. Digital copies of photographs published in Central Michigan Life are available upon request at specified costs.

Central Michigan Life's editorial and business offices are located at 436 Moore Hall, Central Michigan University, Mount Pleasant, MI 48859, telephone (989) 774-3493 or 774-LIFE.

Part of His World

Mythology professor tells fact from folklore

By Annaliese Damm
Staff Reporter

As Professor Ari Berk sits in his office preparing for class, he is surrounded by folklore figurines and mythological books, some of which are his own works. He is passionate about what he teaches, and is eager to share it with others.

Berk is a folklore and mythology professor at Central Michigan University.

He said his love for folklore started as a young child. He read stories on giants and hobgoblins, mermaids and fairies, stories having strong ties to the earth and the environment we live in and he made these connections early on.

Berk said he frequently went camping with his parents and came to associate the sounds of the sea and the formidable mountains with the books he read. He surrounded himself with these stories, he said, and they felt like home to him. When he grew up and had a child, Berk said it became a home for his son, too.

Berk spoke of his memories walking through Veits Woods with his son, noticing logs pushed up against trees and recognizing them as troll's houses. He travels to places where folkloric stories take place, bringing his son with him.

The author of several folkloric books himself, Berk said his son would give feedback on early drafts and help him edit before publication. Folklore seems to have surrounded Berk's life for as long as he can remember.

With degrees in ancient history, American Indian studies, and comparative literature and cultural studies, Berk has a desire for understanding the world in which we live and the importance of our ties to others. But it is his connection to folklore that shows his true passion for people and the planet.

Ella Miller | *Staff photographer*
Ari Berk's Renaissance Fair posters are displayed on Monday, March 13 at his house in Mount Pleasant. Berk says the Renaissance Fair is one of the reasons he was inspired to become a teacher.

Berk said that folkloric stories can tell a lot about the history behind the places they are set in, as well as the history behind current events during that era.

"Its easy to dismiss folklore as stories about mermaids, or elves or hobgoblins ... but actually, (such tales are) always about how we treat other people and how we treat the world that we live in," he said.

He spoke of symbolic influences within folkloric stories, about mermaids that show us how our lives are tied to the welfare of the sea. Stories of giants showcase our connection to the land; mountains, hills, stones and rocks. Legends of fairies give way for us to deal with our past or help us grieve the loss of those we love, he said.

The creatures are different but the result is the same: there is wisdom in these stories that can teach humans how to live in accordance with the environment, whether they believe in the stories or not.

Berk said he thinks there is more to mythology than just belief.

"I'm often asked, 'Do you believe in ghosts and fairies? Do you believe in mermaids or merpeople?' ... I always feel like that's the wrong question," he said. "What's the difference if I say yes or no? ... I think the question ought to be, 'What do you think these things (mean)?'" "What do they symbolize or represent?"

Berk said he believes that the mystery behind folklore is what can make it so interesting. He talked about how it's easy for people to get caught up in the "literalness" of it, but what they should be paying attention to are the lessons they can glean from these stories. For example, he said, how to interact with neighbors and ancestors, how to treat the planet Earth, how to appreciate what the earth has given people and most importantly, how people can give back.

Mermaid Expert

Named a "mermaid expert", Berk has been invited to judge a contest hosted by the seafood company, Chicken of the Sea. In order to win the contest, somebody needs to scientifically prove the existence of mermaids. According to the company's website, if no one wins, Chicken of the Sea will donate 1 million ounces of seafood to food pantries around the United States.

According to Berk, the contest is part of a company rebranding for Chicken of the Sea in an effort to be more environmentally friendly and sustainable to the planet.

"My hope is that [the contest] would encourage people to look a little bit more into the folklore," he said, and added the contest allows people to "think about the sanctity of the world's water"

"It's about shaking hands with

Ella Miller | *Staff Photographer*

Ari Berk poses with his cat Monday, March 13 at his house in Mount Pleasant. Berk adopted his two cats from Karma Kat Cafe.

the sea."

Berk said even if people don't see an actual mermaid, it at least starts the conversation about folklore's connection to the environment.

Gifts for the River

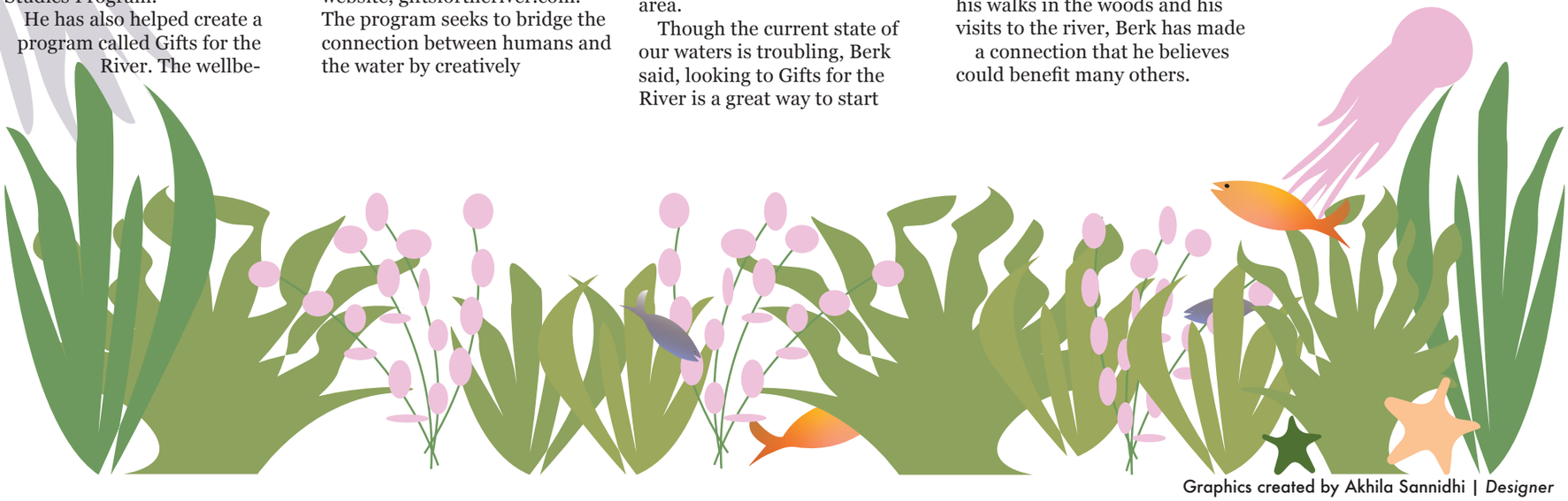
Berk currently serves on the Denison Committee at CMU, an organization the school's website said is committed to "enhancing the Native American Studies Program."

He has also helped create a program called Gifts for the River. The wellbeing of our planet is tied to the waters, and yet humans have destroyed over 75% of the earth's rivers, according to The Guardian newspaper. Gifts for the River is the committee's acknowledgment that it is time people start to give back.

Gifts for the River is an "online living notebook" that is a "celebration of the Chippewa River and the communities that live along it," according to its website, giftsfortheriver.com. The program seeks to bridge the connection between humans and the water by creatively engaging with it, whether that be through music, poetry, sketches, drawings or even cleaning up the river and the surrounding Isabella County area.

Though the current state of our waters is troubling, Berk said, looking to Gifts for the River is a great way to start appreciating the environment we live in and learning how to take care of it. As a professor who is constantly surrounded by nature, through the books he reads, the lectures he teaches, his walks in the woods and his visits to the river, Berk has made a connection that he believes could benefit many others.

"There's something about being (a part of a story) bigger than yourself," Berk said. "It is really powerful in the way it affects the human spirit."



Graphics created by Akhila Sannidhi | *Designer*

How sustainable is CMU?

Central Sustainability offers educational resources on sustainability

By Masha Smahliuk
Staff Reporter

This year Central Michigan Univeristy disposed of more than 40% of waste in a healthy way, according to Eric Urbaniak, a senior and sustainability coordinator at Central Sustainability.

"That's a huge accomplishment," he said. "A lot of it (is) because of facilities management, but a lot of it (is) because of the education and the outreach associated with Central Sustainability and the students who care about waste reduction and environment."

Central Sustainability works with CMU Dining and Facilities Management to make the campus more sustainable and students more knowledgeble about the resources avaliable.

Education on Sustainability

Junior Meghan VanDamme is a sustainability coordinator at Central Sustainability. She said one of the educational resources Central Sustainability offers is a Sustainable Living Guide. It covers how to live sustainably on campus, how to recycle properly, where to recycle, which businesses are locally owned and which parks to visit.

"We know that students really do care about sustainability," VanDamme said.

According to the latest Central Sustainability Survey Record for 2021, out of 499 surveyed CMU students and faculty, 90.4% of them are familiar with the word "sustainability." However, in another question, 47.7% of them replied that they want CMU to inform students on sustainability and environment issues more.

"We know that students want to live more sustainably, but sometimes they don't always know how to," VanDamme said. "That's why we're here and why we have our educational efforts."

File photo | Layla Blahnik-Thoune
Bay City senior Eric Urbaniak sorts through a pile of unopened goods during a waste audit of CMU Wednesday, Sep. 14, outside the Bovee University Center.

Corey Arndt is a Campus Dining senior executive chef. He said CMU Dining hired student employees who are overseeing sustainability of the dining halls. Also, CMU Dining is bringing hydroponics (cabinets with water-grown plants) to each dining hall soon to educate students on how food grows and where it comes from, he said.

"They are pretty awesome," Arndt said. "It's very easy to use so you can actually learn.

"In the dining halls we feel we have responsibility ... to educate our students. We're looking at generations to come. What we do now affects future generations."

VanDamme said in the dining halls Central Sustainability recently held waste audits to see how much students are wasting food. Students could weigh what was left on their plates after they had a meal. Central Sustainability found out that an average student per meal was wasting around two pounds of food. There was over 50 pounds of food waste produced per meal in one hour in one dining hall.

"That was just a way, again, for us to ... more impactfully educate students about their own habits," VanDamme said.

According to the United States Environmental Protection Agency (EPA) 2021 report, Americans waste more than one third of their food supply, which means per year the U.S. wastes from 161 to 335 billion pounds of food. "This uneaten food ... contains enough calories to feed more than 150 million people each year," according to the report.

Preventing that much food waste would also save enough energy to power 21.5 million houses in the U.S., supply 29 million American houses with water and stop emissions of CO_2 equal to 23 coal fired power plants, according to the report.

Jonathan Webb, the associate vice president of Facilities Management, said he has been amazed by the Central Sustainability students' leadership skills and educational efforts.

"If you're holding a sheet of paper and you don't need it anymore, you could choose to throw it away or you could choose to recycle it," Webb said. "Central Sustainability platform really does focus on education and awareness, so more people understand that the right thing to do with that piece of solid waste is to put it in the landfill to be able to recycle it."

For CMU students looking for resources, how and what to recycle properly, Webb recommended they visit the Central Sustainability webpage, contact the organization or get involved with a program.

Talking trash

CMU students in the dining halls produce about 15,000 pounds of food waste per week, Urbaniak said. VanDamme said "anything that's put on a plate" in the dining halls is compostable.

CMU composts 100% of food waste from the dining facilities, he said.

"That is all composted and then brought back and used as a sort of a fertilizer ... all over campus," he said.

According to Urbaniak, food waste is sent to Morgan Composting.

VanDamme said now students can also collect their own compost and dispose of it at the bins located in Northwest Apartments.

Webb said CMU Facilities Management operates facilities on the campus' infrastructure such as roofs, windows, access to water and all the utilities. The department's another responsibility is to handle solid waste and recycling on campus.

Urbaniak said solid waste from CMU is recycled through the Isabella County Recycling Facility.

"There's a finite amount of materials on our Earth," Webb said. "The more we continue to re-use those materials, the better off it'll be for generations to come."

To raise awarness about the importance of sustainability and the resources availiable on campus, Central Sustainability is participating in a Campus Race to Zero Waste.

"Sustainability is everything," Urbaniak said. "We won't have an Earth if we don't live sustainably, that's why Central Sustainability really exists on campus."

Mocktails over cocktails: Spending St. Patrick's Day sober

By Lauren Rice
Staff Reporter

St. Patrick's Day is this Friday, March 17, and while the average American celebration has some kind of alcohol and indulgence, there's more than one way to celebrate.

The holiday is Catholic in origin, and falls during the observance of Lent, which involves elective restrictions for those who practice.

"Honoring the anniversary of his death, St. Patrick's Day is one where it is acceptable to break with Lenten restrictions and indulge — often in excess," according to the Recovery Village website.

The Recovery Village also says that beer consumption on St. Patrick's Day increases 174%, and spirits follows suit with 153%.

During the pandemic, the number of people planning to go out for the holiday fell to 10% in 2021, but with increasing access to vaccines and a decrease in COVID cases around the United States, that number is rapidly rebounding.

For those who aren't interested in spending their holiday with a mug of green beer, there are a significant number of non-alcoholic "mocktail" drink options.

The "Bubbly State of Mind" released recipes for a "Sunshine State of Mind" beverage and a "Cherry on Top" mocktail.

Sunshine State of Mind
- 2 oz. Lime Sparkling Water
- 2 oz. Lemonade
- 2 oz. Limeade Concentrate

Directions: Combine ingredients and pour into a sugar-rimmed glass

Cherry on Top
- 3 oz. Sprite
- ½ oz. Cherry juice or Grenadine
- 2 oz. Limeade concentrate

Directions: Combine ingredients and top with a cherry

Another more cocktail-reminiscent mocktail option was published by "The Wooden Skillet."

Here's their recipe for a "Spicy Jalapeno Margarita Mocktail."

Spicy Jalapeno Margarita Mocktail
Ingredients:
- Salt for the rim
- Ice
- Four slices of fresh jalapeno
- ½ C. orange juice
- ¼ C. lime juice

Directions:
Rim glass with lime juice and salt
Add ice and jalapeno slices to glass
Pour orange juice and lime juice over ice
Stir and serve

Mocktails are a viable opportunity for the underage, "sober curious" or recovering alcoholics, but celebrating isn't limited to beverages.

Lots of traditional Irish foods are also used to celebrate. Dishes like shepherd's pie, corned beef and cabbage and Irish soda bread are central to Irish-American cuisine, and their recipes can be found on the Food Network website, along with several other dishes.

For people trying to overcome addiction, a sober St. Patrick's Day can be a challenge. Collegiate Recovery, Education & Wellness, or CREW is an organization on Central Michigan University's campus.

"Located in Foust Hall, CMCREW is an independent resource for students whose drug and/ or alcohol usage are creating health, interpersonal and financial problems or whose academic performance and overall success are being negatively affected," according to the Central Michigan University website.

CMCREW Services, which are free to students, include the following:
- Wellness coaching
- Student evaluations
- Recovery ally training
- Peer-led support groups
- Naloxone (or "Narcan") training
- Classroom/ group presentations

CMCREW is an extension of the program Ten16, a nationwide substance misuse resource.

"We promote recovery and wellness at every stage of substance misuse through shared experience, proven steps and supportive accountability," according to the Ten16 website.

Graphics created by Kendyl Wilson | *Designer*

‘Everything green … everything beer’

A look at the history and traditions of St. Patrick’s Day

By Masha Smahliuk
Staff Reporter

This Friday, March 17, the streets and bars of Mount Pleasant will be filled with green colors, people wearing symbols of the clover and gold for the legendary leprechauns. St. Patrick’s Day, a religious Irish holiday, is an American favorite time to party.

Carrie Euler is a faculty member at the department of History, World Languages and Cultures.

“St. Patrick’s Day is a holiday in Ireland … celebrating it with so much partying and green everywhere wasn’t a sort of immigrant thing in America,” Euler said. “It became such a big thing (in the United States) and in college campuses.”

Euler said the story of St. Patrick’s Day starts in the 5th century in Ireland.

History of St. Patrick’s Day

St. Patrick’s legend tells us that St. Patrick was kidnapped early in life from England by the Irish and taken to Ireland, Euler said.

At that time Ireland was “tribal,” she said. It was populated with Celtic people. England at that time had Romans leaving its territory and Anglo-Saxons coming in.

“This is a pretty chaotic time,” Euler said.

Eventually St. Patrick escaped Ireland and ended up in France, where he converted to and studied Christianity, Euler said. St. Patrick decided to go back to Ireland.

“He decided basically that his calling was to go back and bring Christianity to the Irish,” Euler said.

Euler said it is most likely that St. Patrick died around 460 CE.

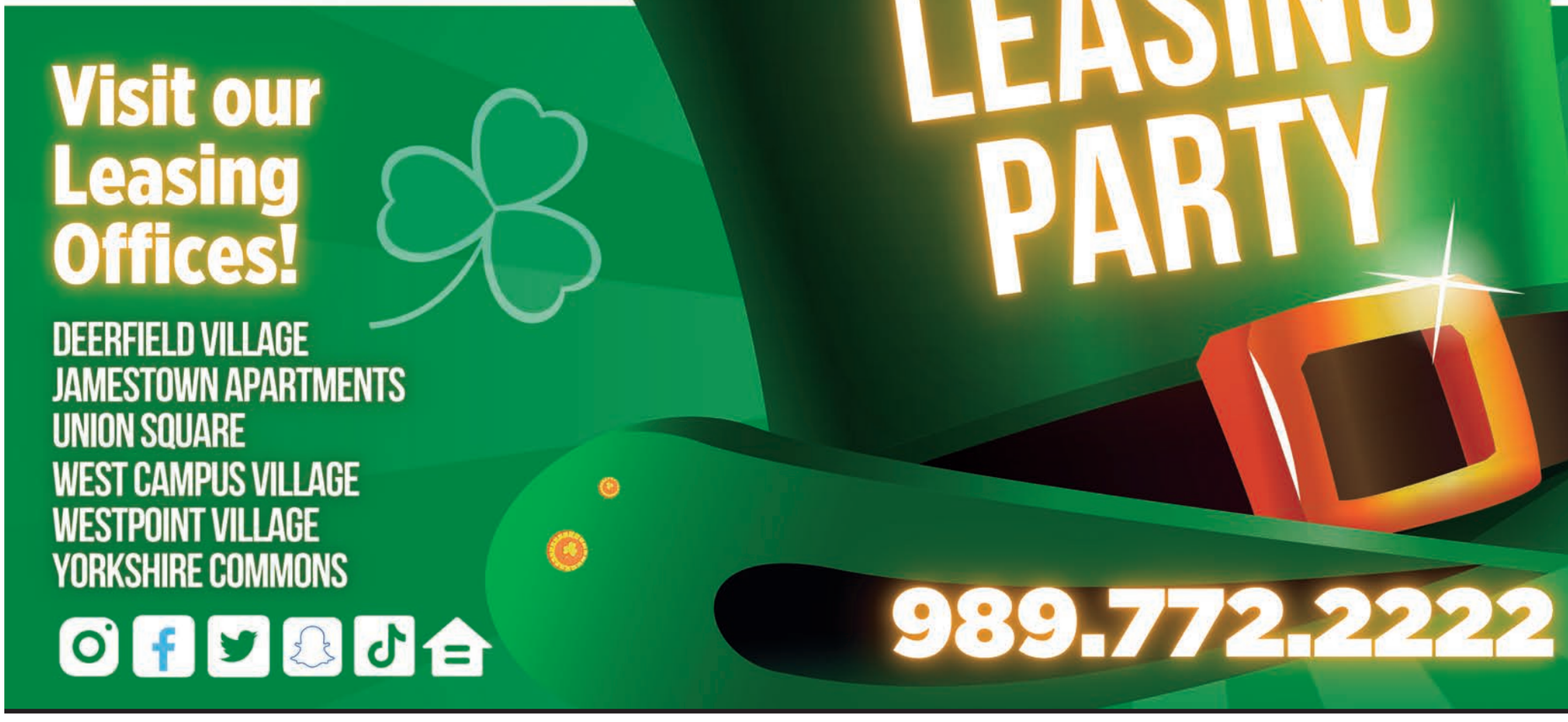
The Irish started viewing St. Patrick as an official patron of their country around the 20th century Euler said. The church canonized him as a saint early on because of his commitment to Christianity.

“Saints were basically people who lived very holy lives, and were very dedicated and pious to Christianity,” Euler said. “After they die, people believe that they witness miracles that were performed by the saints.”

For example, she said, one of such miracles of St. Patrick is described in the legend about snakes. Now it is believed that Ireland doesn’t have any snakes because St. Patrick has driven all of them out of the country.

Euler said all the saints in the Catholic Church have saints’ days. For example, she said, St. Valentine’s Day takes place on the Feb. 14. St. Valentine’s was a real person who was named sainted for his devotion to Christianity.

However, she said, historians don’t know



for sure if St. Patrick was a real person.

"There isn't a lot of evidence that has survived," Euler said. "There's no document that says 'I just talked to this guy named Patrick.' We don't have first hand accounts."

How did the holiday come to the U.S.?

Euler said St. Patrick's Day in Ireland is more of a religious holiday. She said people go to mass, which might be held in Celtic language that day instead of English. Irish also decorate their dresses with shamrocks, a rare plant similar to clover that grows in Ireland.

"I gather that the huge parties and everything green and everything beer and green beer is an American thing," Euler said.

Irish immigrants to America in the early 20th century brought St. Patrick's Day to the United States, she said. The migration mainly took place between the 1850s and the 1920s, when a big potato famine happened in Ireland.

"There's this kind of stereotype of the Irish are so fun and friendly and they party," Euler said.

She said the Ancient Order of Hibernians in New York City wanted to show that there are prosperous Irish people to fight the prejudice against them. They held a parade on St. Patrick's Day.

Later Boston and Chicago started celebrating the holiday as well, Euler said.

Now, she said, "major cities in Ireland ... do have parades, but that is mainly because of all the American tourists that want them."

Traditions of celebrating

Euler said traditional attributes of the St. Patrick's Day are the color green, which symbolizes the hills of Ireland; leprechauns, mischievous mythological creatures; shamrocks; and Guiness, traditional Irish beer.

Andrea Devenney is a faculty member in the department of English. She lived in Ireland from 2004 to 2005 while her husband, Andrew Devenney, associate director of the Center for Learning Through Games and Simulations at Central Michigan University, studied for his doctoral degree on an international Fulbright Fellowship.

"(Irish) were friendly and accommodating people," Andrea Devenney said. "I liked all the buildings, and the things are just unique looking."

Devenney said now at home for the St. Patrick's Day, she cooks traditional Irish food such as corned beef, mashed potatoes with Irish cheddar, soda bread, cabbage and carrots.

"Celebrating St. Patrick's Day reminds me a little bit of some of the time that I spent there and gives me some opportunity to reflect on a little bit of fond memories that I have," Devenney said.

Devenney said she wanted to show CMU students Ireland as well. She said she tried to set up a study abroad to Ireland in 2018 and 2019, but it never got enough students.

Sophia Person and Taryn Marino are teaching Irish dancing at Motor City Irish Dance. They said Irish dancing is a popular tradition for St. Patrick's Day. Person and Marino will be dancing for several different festivals and restaurants in Detroit this year for the holiday.

"I think especially in America, St. Patrick's Day ... is about celebrating Irish culture," Person said. "Irish dancing is expected and for a lot of people (and St. Patrick's Day) is the only (time) that you'll see it, which is cool."

Irish dancing is unique because a performer dances only with their feet, Person said. For dancing, special types of shoes such as soft and hard ones could be used, she said.

"I think the art itself is really cool," Marino said. "Dancing itself helps you focus on what you're doing ... Performing it gives me a sense of community."

Kourtney John is an office assistant at Clare Area Chamber of Commerce. Clare, a city in Michigan well-known for its Irish heritage, will hold its 48th annual celebration of St. Patrick's Day. John said traditional celebrating of St. Patrick's Day in Clare has several Irish special events throughout the week.

"I think it's really enjoyable," John said. "We get a lot of people it's busy. Everyone's always having fun. We usually have Irish music playing and that's cool."

She said businesses in Clare will have traditional Irish food and beer. Clare Chamber holds a raffle, a silent auction, a run and a parade. To learn more about the Irish traditions in Clare, visit the Chamber's website.

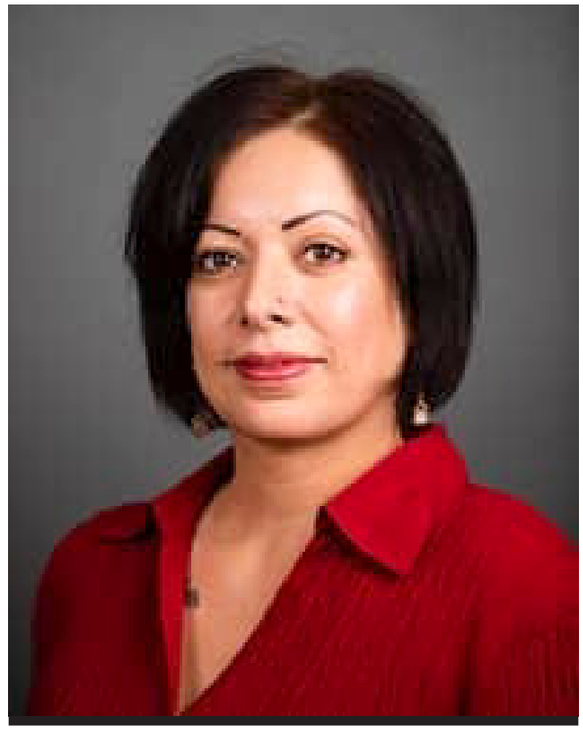
At CMU, a matcha tasting and celebrating of St. Patrick's Day will take place March 17 in Ronan 345, according to the flyer from International Student Information.

To find more events celebrating St. Patrick's Day, visit Engage Central.

To celebrate St. Patrick's Day in Mount Pleasant, go to the Meet Mt. Pleasant website.

THURSDAY
MARCH 16
9 AM - 4 PM
First 50 people to sign lease get admission ticket to
O'Kelly's Sports Bar & Grille™
ST. PATRICK'S DAY BASH!
UNITED apartments
CMUapts.com

Q&A



Aileen Guerra-Morales

Aileen Guerra-Morales is a new counselor at CMU providing individual and group therapy for students impacted by sexual assault, domestic violence, intimate partner violence, stalking or harassment. In an interview with Central Michigan Life, she discussed her responsibilities and splitting her time between the Counseling Center and Sexual Aggression Peer Advocates (SAPA).

Lauren Rice ■ Staff Reporter

Aileen Guerra-Morales is a sexual assault dedicated counselor at Central Michigan University. The position was vacant for over a year before she came on in December of 2022, and she now splits her time between the counseling center and doing administrative work with Sexual Aggression Peer Advocates (SAPA).

SAPA is a volunteer organization centered around crisis and chat lines for survivors of sexual aggression.

Before taking on this role, Morales earned an undergraduate in psychology and a masters degree from the CMU counseling program.

Central Michigan Life sat down for an interview with Morales to discuss her experiences so far as the sexual assault dedicated counselor.

Read the full interview by visiting cm-life.com.

How did you get into this line of work?

Morales: I've always been fascinated with the human brain. Most of my experience has been with community mental health and while working there we see individuals from different paths of life and we treat anything and everything that comes through the door. I was fortunate enough to be selected to train on trauma evidence based practice modalities. I am actually very passionate about trauma; I really, really enjoy doing trauma work. What fascinates me the most is just seeing and observing, you know, the changes within my clients where they're making progress and things are clicking. Being part of that process makes me feel honored.

I think what was attractive about this position is that it was specifically aimed to help individuals with trauma, so I wasn't wearing a lot of different hats like I was in my prior job; I would work with adults and kids and teenagers and families, you know, work with issues like substance abuse or anxiety, depression, trauma, a little bit of everything. But here, I can just focus on trauma, and that was really attractive to me. And the whole SAPA program is amazing. I am just so proud of all the students that volunteer and participate in this program because it takes a lot and they leave here with some amazing skills.

Can you explain what you do in your role and how it pertains to students?

There's a lot of different things that I do, but as a dedicated counselor, I provide group and individual therapy for students who have been impacted by sexual assault, domestic violence, intimate partner violence, stalking or harrassment. It's a survivor support group, so it's very laid back, kind of joined together to be present with each other and support — as opposed to a rigid, structured group. And, you know, individual therapy for people who want that one-on-one experience to process and heal more specifically and focus on the nature of the trauma.

The other part of my position is to provide support and wellness for our SAPA advocates. I also help with managing scheduling related to the crisis call line, the SAPA line or the chat line. I also help students, or the SAPA advocates, with creating programs for awareness they present in the community or here at the university. Essentially, the biggest thing that I do for the advocates is to be here for them to be able to come in and then a safe place to talk through and process things. The work they do can be pretty hard, they're exposed to trauma themselves while they're still helping clients and survivors. So I'm here to help them process those things and also to provide support and opportunities for self-care.

Do you see a demand for your work at CMU?

When I started in December it was slowly building, but word of mouth spread very quickly and I was getting more and more referrals. I was getting at least two referrals per week. Things have slowed down a little bit I think because it was getting closer to spring break and students' minds are elsewhere. I know that the particular service that I provide can be very hard or difficult for people who want to come in, you know, it's very hard to talk about traumatic things, right? So I guess it ebbs and flows. Like, there's going to be times that there might be a higher need or I see a little bit of an increase in referrals and vice versa. But my hope is that the word of mouth continues to spread.

Are there specific demographic groups that you see more of than others? What about gender?

(Within) the short amount of time that I've been here, I've had a nice mixture of clients, so I can't really pinpoint one. I do know that there are minorities that are less likely to seek services just because of cultural beliefs and things like that. I am hispanic myself, and I think that could probably open the door for students that are minorities to feel more comfortable, so that's my goal.

So far I have seen no males. All my clients have been female, either in an individual or group setting. I think that males will report less of this just because of the stigma. 'You're a man, and this stuff doesn't happen to men.' It's also the fear of being made fun of or teased or anything like that. So it's definitely a barrier we want to break because this could happen to anyone and services are available for everyone.

What do you think would hold a student back from seeking counseling center services for sexual assault?

Well, there's the stigma associated with mental health. There's shame, there's guilt. And maybe not knowing about the resources or maybe some hesitation related to not being sure about services being confidential and things like that.

I feel like if I'm seeking mental health services, I kind of want to know who the therapist is going to be. Maybe I want to see a picture, maybe I want to see a short video they did on a website to just kind of get a feel for that person. You know what I mean? Because they're going to go in and share very personal things. So I think that also could be a barrier — not knowing.

Do you see students who haven't reported their assault to the police? Why wouldn't they report the crime?

Of all the clients I've seen so far, none of them have reported anything to the police. And that is a very personal decision, because it involves a lot of different things. So, none have reported, but they do know that that's an option if they decided to do that.

Once again, I think that the client is feeling very ashamed. Maybe they blame themselves for what happened or they feel like they're not going to be supported. Maybe in their mind they don't think it was a sexual assault or maybe they think it wasn't enough to call it a sexual assault. Again, it's that lack of knowledge of how Michigan law defines sexual assault.

Three CMU wrestlers set to take NCAA stage

By Megan Youngblood
Staff Reporter

After placing second at the Mid-American Conference in Fairfax, Virginia, Central Michigan wrestling is sending three wrestlers to the NCAA tournament in Tulsa, Oklahoma, starting Thursday, March 16.

Redshirt junior Johnny Lovett is headed to the tournament for the third time in his career. He fell short of All-American honors last season after going 1-2 in the NCAA tournament.

Redshirt senior Corbyn Munson will compete for the second time in his career. In his first NCAA appearance, Munson went 0-2.

Meanwhile, the redshirt junior Alex Cramer will take the NCAA mat for the first time after being unable to compete due to injury in 2021.

Alex Cramer

Wrestling in his first season at CMU, Cramer, who transferred from Old Dominion in the 2020-21 season, claimed his first MAC title in the 174-weight class this year, going 3-0 to secure his spot in the NCAA tournament. Cramer is 30-8 on the season.

Johnny Lovett

Lovett returns to the NCAA mat for the third time in his career, but this time in a different weight class. Lovett claimed his first MAC title after an undefeated tournament showing in the 149-weight class, and earned his spot on the NCAA mats. Lovett is currently riding a 12-match win streak, with a record of 19-9 on the season.

Marie Underwood | Staff photographer
Miami redshirt junior Johnny Lovett wrestles Kavan Troy during a match against Northern Illinois University Friday, Jan. 13 in McGuirk Arena. Lovett won the matchup 15-7.

Corbyn Munson

After going into the MAC Championships seeded at number one, Munson went 2-2 in Virginia, wrestling his way back to fifth place and claiming the final spot at the NCAA for the second time in his career.

Munson wrestled in the 157-weight class for the first time in his career, going 26-12.

Marie Underwood | Staff photographer
Redshirt junior Alex Cramer has his hand raised during a dual against Michigan State Friday, Feb. 17 in McGuirk Arena. Cramer had a 3-0 win against Michigan State's Ceasar Garza.

Setting the Stage

Cramer is seeded 20th in the 174-weight class and will grapple Thursday morning against No. 13 Cade DeVos (25-7) of South Dakota State University. If Cramer advances, he will face off against either No. 29 Cael Valencia (12-10) of Arizona State or No. 4 Chris Foca (24-1) of Cornell.

Lovett is also seeded 20th in the 149-pound weight class and will face off against No. 14 Austin Gomez (10-4) of Wisconsin the first round on Thursday.

Marie Underwood | Staff photographer
Redshirt senior Corbyn Munson wrestles 11th-ranked Chase Saldate during a dual against Michigan State Friday, Feb. 17 in McGuirk Arena. Munson lost 4-3.

If Lovett defeats Gomez, he will face off against either No. 30 Dylan Martinez (18-11) of Air Force or No. 3 Kyle Parco (23-4) of Arizona State University.

In the 157-pound weight class, Munson is seeded 29th and will take on No. 4 Jared Franek (22-1) of North Dakota State University on Thursday morning. If he advances, he will battle against either No. 13 Trevor Chumbley (24-7) of Northwestern University or No. 20 Cael Swensen (21-8) of South Dakota State University.

The NCAA tournament begins on March 16 at 11 a.m.

‘It’s a great team win for us’

CMU gymnastics wins last regular season meet, looks to MAC tourney with momentum

Marie Underwood | Staff photographer

Freshman Luciana Alvarado-Reid performs on floor during a meet against Eastern Michigan Friday, Feb. 3 in McGuirk Arena. Alvarado-Reid scored a 9.85 on this routine.

By Hadlee Peters
Staff Reporter

Central Michigan University gymnastics won its last regular season and conference meet against Kent State 196.175-195.975 on Sunday. The Chippewas will return to Ohio this weekend for the Mid-American Conference championships.

“Being on the road has allowed us to learn how to adapt to different equipment and different environments,” head coach Christine MacDonald said. “Being here (Kent State) today is like a dress rehearsal, which is very nice for us as well, to be in that arena the weekend before conference.”

The Chippewas started on bars. Senior Hannah DeMers tied for first with the golden flashes’ Sarah Haxton with 9.850. Junior Adriana Bustelo was unable to finish her routine after a fall, but returned for her beam routine. Bustelo has averaged a 9.336 on bars this season.

Sophomore Lia Kmieciak took first on vault, recording a 9.875, her new career best. Junior Elizabeth Cesarone and DeMers were in a three-way tie for second with Kent State’s Kyndall Gilbert, with 9.850.

“We have a very strong conference,” MacDonald said. “It’s always going to be a great competition on the day that we all meet up. We’re looking forward to next weekend.”

CMU had high-scoring performances in its final two rotations. Senior Taylor Pitchell tied her career best on floor with 9.950, taking the top spot. DeMers tied for second with Karlie Franz, with 9.925.

In their last rotation, freshman Luciana Alvarado-Reid recorded a new career best on beam with 9.925 securing first place. Senior Aleysia Kolyvanova took second with 9.875.

The Chippewas move to 4-2 in Mid-American Conference competition and 5-4 overall.

CMU will return to Kent, Ohio, for the MAC championship at 2 p.m. on Saturday.

“This conference is very deep and we have a lot of great gymnasts in it,ww and not just individually, but teams,” MacDonald said.

FIRE UP CHIPS
SportClips HAIRCUTS
MVP HAIRCUT EXPERIENCE
FREE MVP UPGRADE
TO ALL NEW CLIENTS
HOT STEAMED TOWEL | MASSAGING SHAMPOO | NECK & SHOULDER TREATMENT | PRECISION CUT FROM A PRO STYLIST

20% DISCOUNT
For all active MILITARY and VETERANS
Mt. Pleasant – Union Shoppes Plaza
4459 E. Bluegrass Rd
Across from Menards, next to Runners
989.317.3610 • SportClips.com/MI701
OPEN 7 DAYS A WEEK
THE PROS IN MEN’S HAIR
CHECK IN ONLINE OR WALK INS WELCOME

Ride for FREE!

NO FARE IS COLLECTED AT △ & ⌂ BUS STOPS

These stops are pre-paid, sponsored by our many partner organizations)

MAROON

Southpoint/Winchester	:15	:45	EVERY 1/2 HOUR
Village at Bluegrass	:21	:51	EVERY 1/2 HOUR
University Meadows	:25	:55	EVERY 1/2 HOUR
Union Square	:29	:59	EVERY 1/2 HOUR
Target			UPON REQUEST
Music Bldg. - Lot#33	**:42**	**:12**	**EVERY 1/2 HOUR**
Washington/Ojibway	:44	:14	EVERY 1/2 HOUR
Anspach/Pearce	:45	:15	EVERY 1/2 HOUR
Ronan/Grawn	:47	:17	EVERY 1/2 HOUR
Main St./Gaylord	:48	:18	EVERY 1/2 HOUR
MMC/DOAN CENTER			UPON REQUEST
Washington/Clayton	:05	:35	EVERY 1/2 HOUR
Larzalere	:06	:36	EVERY 1/2 HOUR
Wightman	:07	:37	EVERY 1/2 HOUR
Park Library	:08	:38	EVERY 1/2 HOUR
Music Bldg. - Lot#33	**:12**	**:42**	**EVERY 1/2 HOUR**

GOLD

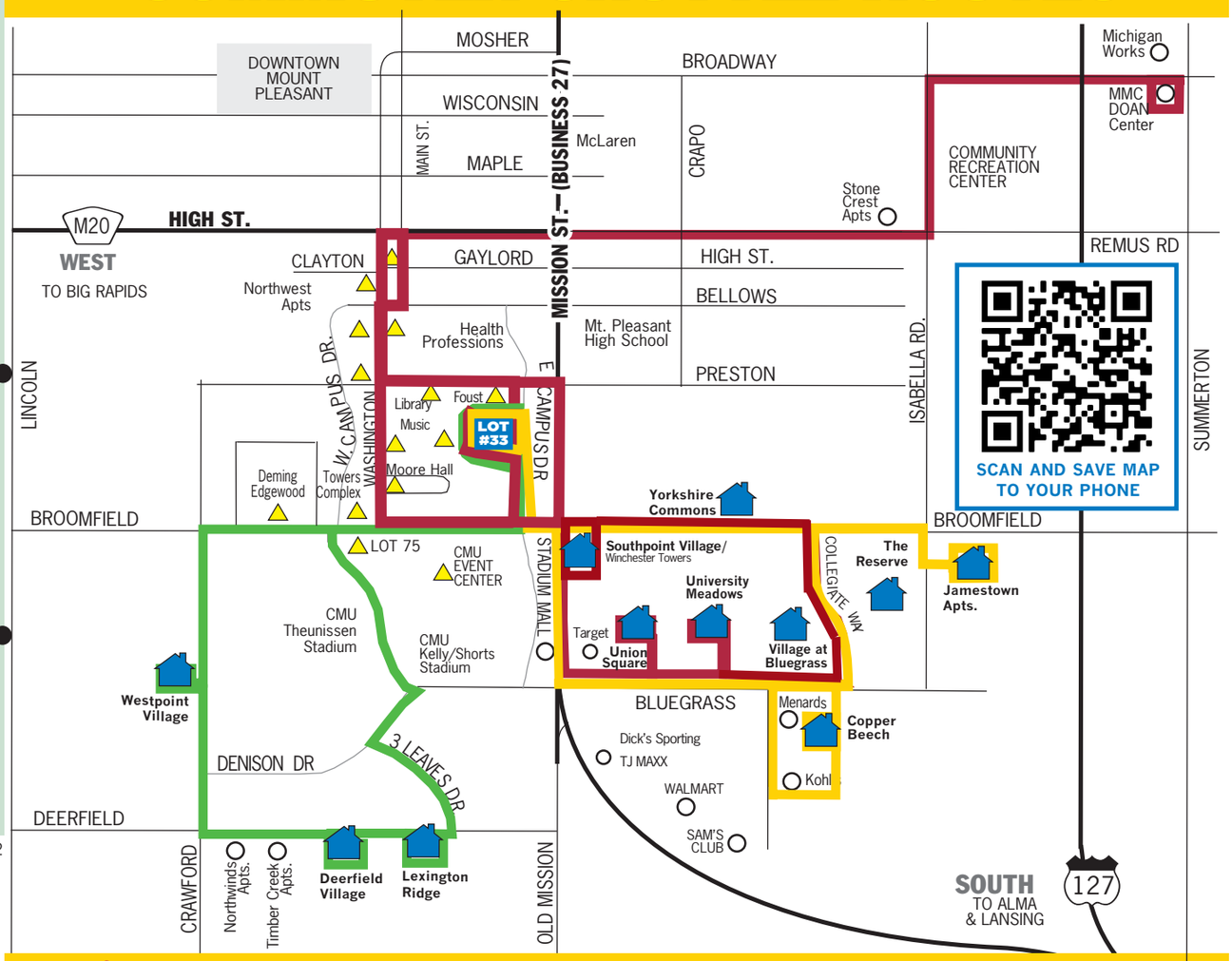
SAC/McGuirk	:13	:43	EVERY 1/2 HOUR
Stadium Mall			UPON REQUEST
TJ Maxx			UPON REQUEST
Walmart			UPON REQUEST
Copper Beech	:26	:56	EVERY 1/2 HOUR
The Reserve	:28	:58	EVERY 1/2 HOUR
Jamestown	:30	:00	EVERY 1/2 HOUR
Yorkshire Commons	:33	:03	EVERY 1/2 HOUR
Music Bldg. - Lot#33	**:42**	**:12**	**EVERY 1/2 HOUR**

DEERFIELD

TOWERS @7/11	:15	:45	EVERY 1/2 HOUR
Deming Edgewood	:16	:46	EVERY 1/2 HOUR
Westpoint Village	:18	:48	EVERY 1/2 HOUR
Deerfield Village	:20	:50	EVERY 1/2 HOUR
Lexington Ridge	:25	:55	EVERY 1/2 HOUR
Theunissen Stadium Lot#70	:27	:57	EVERY 1/2 HOUR
Communter Lot #75	:29	:59	EVERY 1/2 HOUR
SAC/McGuirk	:30	:00	EVERY 1/2 HOUR
Music Bldg. - Lot#33	**:42**	**:12**	**EVERY 1/2 HOUR**

EFFECTIVE AUGUST 2022

COMMUTER SHUTTLE ROUTES



COMMUTER SHUTTLE:

MONDAY - FRIDAY 7:00 AM - 7:00 PM

8:00PM & 10:30PM RETURN FROM PARK LIBRARY TO APT. COMPLEXES ONLY

REQUEST STOPS: ○ REGULAR FARE $2.00

EVERY HALF HOUR SHUTTLE STOPS:

△ **BUS STOPS**
No fare collected/prepaid stops by contract with our partners

⌂ **APARTMENT COMPLEX STOPS**
Rides for residents prepaid by complex

BE SEEN! Step to the curb and wave

I Ride

ictcbus.com

All buses flex 1/4 mile of published route, call ahead for service

COMMUTER SHUTTLE OPERATES LATE AUGUST THROUGH EARLY MAY
WHEN CMU CLASSES ARE IN SESSION

(989) 772-9441

Non-journalists, media literacy is in your hands

EDITORIAL

This March, our campus will celebrate namesake holidays, like International Women's Day, St. Patrick's Day and Holi. But there's a lesser-known holiday this month that is happening as we speak.

Sunshine Week, from March 12-18, and Freedom of Information Day, today, March 16, is an opportunity for everyone to learn about the importance of communities small and large having access to public information.

Last year, *Central Michigan Life* collaborated with various campus partners to host a week-long string of events, all-related to open government and media transparency.

These events offered valuable, necessary information. It was expected that many attendees would be from Central Michigan University's various, accredited media departments. They were.

What we missed was the non-media students.

Sunshine Week is all about getting the truth across, but when you're telling that to journalists, you're often preaching to the choir.

Journalists study this; we live it. This information, really, is for the population that does not know it. The people on the other end of the story, camera, or TV — the consumers.

Non-journalists are the ones that need to learn the ethics and laws of the trade.

This year, we challenge our campus community to let this week be the one that kickstarts your learning about media literacy.

Think you know it already? Check again.

Does a journalist have the right to cover a public event? Yes.

Does a photojournalist have the right to publish a photo of a person at a public event, even without their permission? Yes.

Does a newsroom have the right to deny a request to remove a photo/video/story? Yes.

Does the newsroom have the right to publish, verbatim, what is said in a recorded interview? Yes.

These answers may come to you as common knowledge or as a shock. Regardless, they are questions we routinely answer.

Central Michigan Life is an independent, student-run campus newsroom. What does that mean?

• Independent: We are not affiliated with CMU.

• Student-run: Our newsroom is made up solely of students. There are three staff positions (director of student media, assistant director of student media and office manager) that assist with, but do not determine, content.

• Campus: We are located on the campus of CMU

• Newsroom: We operate nearly identically to any professional newsroom

We work hard and we do thorough work for you. We are not here to twist your words or ruin your reputation. We are also not here to promote you.

We are here to tell the truth. And we hold ourselves to the highest of standards while doing it.

As Sunshine Week comes to a close, reflect on what you did. Have you taken a minute to look up Sunshine Week?

Let this be your sign.

Learn more about Sunshine Week and how to boost your media literacy with resources from News Leaders Association and Society of Professional Journalists.

CENTRAL MICHIGAN LIFE CLASSIFIEDS

CM-LIFE.COM/CLASSIFIEDS

436 MOORE HALL, CMU, MOUNT PLEASANT, MI 48859
P: 989-774-LIFE F: 989-774-7805 E: ADVERTISING@CM-LIFE.COM

$15/WEEK/3 LINES/15 WORDS • $75/WEEK/ UNLIMITED LINES
$10/WEEK/ ADD: BOLDING, HIGHLIGHT COLOR & BOX

FOR RENT

2, 3, 4 and 5 Person 2023/2024 – Locally owned and managed. No hidden fees, No application fee, No utility fees. View photos & Videos at www.qualityapts.com 989.772.3894

Two 2-bedroom units available on attractively landscaped property: 4200-4206 E. Wing Road, Mount Pleasant, MI. Appliances (washer, dryer, range, refrigerator and dishwasher) are included. One unit has attached Garage. Utilities and horse boarding not included. Interested? E-mail: extra.ideas@hotmail.com or call Ms. Ann (313) 623-1468.

Looking to move to Detroit, East English Village? 2 bedroom apartment available for rent. Details: 2 Bedrooms 13x12; Living Room 14x22; Dining Room 13x14; Kitchen 13x15 (automatic dishwasher); Garage parking for one car; Security System (Tenant pays); Fireplace, hardwood floors, and woodwork. Features: Private security patrol (Tenant pays); Long-term lease preferred; 10 Minutes from: Eastland, St. Matthews, Detroit Public Schools, St. John Hospital, Cultural Center, Wayne State University, Downtown Theatre and Entertainment District. Tenant pays all utilities. Interested? E-mail extra.ideas@hotmail.com, Phone: 313-623-1468.

FOR RENT

1 to 6 Person Apts. Furnished, Short & Long Term Leases, FREE WiFi Available 2023/2024 NOW LEASING (989) 772-2222 www.LiveWithUnited.com http://www.LiveWithUnited.com

VACATION RENTALS

Vacation Cabins for Rent in Canada. Fish for abundant walleye, perch, northern pike. Boats, motors, gasoline included. For free brochure call Hugh 1-800-426-2550. Website at www.CanadianFishing.com

Attention Cottage, Condo, Vacation Homeowners. Advertise your Vacation Rental Properties with Community Papers of Michigan's Michigan MegaMarket Classified Network. Reach over 1.2 million households per-week with your in-state or out-of-state vacation rental ad. Call 1-800-783-0267 Ext. 1 for details.

PETS

AKC REG. COCKER SPANIEL PUPS Big Litters! 1/2 price! 2-M, 5-F shots & wormed. 920-563-3410 mornings (#268588).

BUSINESS SERVICES

BUILT RITE POLE BUILDINGS State-wide, 24x40x10=$19,400.00, 30x40x10=$22,300.00. Erected on your site. Call for price not shown on any size building or go to www.builtritepolebuildings.net 989-259-2015 Days 989-600-1010 Evenings.

METAL ROOFING regular and shingle style, HALF OFF SPECIAL COLORS! Lifetime asphalt shingles. Steel and vinyl siding. Licensed and insured builders. Pole Buildings. Quality work for 40 years! AMISH CREW. 517-575-3695.

AMISH BUILT storage sheds and mini cabins delivered to your site anywhere in Michigan! Starting at $2,500.00. mynextbarn.com 989-832-1866.

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices — No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 877-401-2404

Replace your roof with the best looking and longest lasting material – steel from Erie Metal Roofs! Three styles and multiple colors available. Guaranteed to last a lifetime! Limited Time Offer - $500 Discount + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-888-718-1856.

MISCELLANEOUS

Adjustable Bed Brand New with mattress. Made is U.S.A., in plastic, with warranty. Retail cost $3,995, sacrifice for $875. Call for showing or delivery: DanDanTheMattressMan.com

Michigan`s Biggest Motorcycle Swap Meet, March 26th, Suburban Showplace, Novi, 10 am-4 pm: Bikes; parts; clothing; accessories; & more! Admission only $10.00, For more info 260-301-6340 or www.hugeswapmeet.com

Caring for an aging loved one? Wondering about options like senior-living communities and in-home care? Caring.com's Family Advisors are here to help take the guesswork out of senior care for you and your family. Call for your FREE, no-obligation consultation: 1-833-667-1055.

VIAGRA and CIALIS USERS! 50 Generic Pills SPECIAL $99.00 100% guaranteed. 24/7 CALL NOW! 888-835-7273 Hablamos Español.

The Generac PWRcell, a solar plus battery storage system. SAVE money, reduce your reliance on the grid, prepare for power outages and power your home. Full installation services available. $0 Down Financing Option. Request a FREE, no obligation quote today. Call 1-855-476-9698

Prepare for power outages today with a GENERAC home standby generator $0 Money Down + Low Monthly Payment Options. Request a FREE Quote. Call now before the next power outage: 1-855-922-0420.

AUCTIONS

David Hoffmann Estate live auction. Farm equipment, Woodshop tools, Produce supplies. Saturday, March 25, 2023, 10:00 a.m. 7593 Blackmer Road, Birch Run, MI 48415. Complete listing and photos at: bid.sherwoodauctionservicellc.com 1-800-835-0495.

Premier Online Firearms Auction ending soon! 650+ lots. Bid anywhere at johnpeckauctions.com. Shipping/ inspection available. Plus, sporting estate & live farm auction. Thinking about having an auction? Call John Peck 989-426-8061

TV & INTERNET

Saving just got easier with EarthLink Internet. Get up to $30 off your monthly bill and unlimited data with Affordable Connectivity Program. Apply without credit checks. Call 877-381-4064 now.

Get DIRECTV for $84.99/mo for 24 months with CHOICE Package. NEW 2 YEAR PRICE GUARANTEE. First 3 months of HBO Max, Cinemax, Showtime, Starz and Epix included! Directv is #1 in Customer Satisfaction (JD Power & Assoc.) Some restrictions apply. Call 1-888-351-0154.

DISH Network: Only from Dish — 3-year TV Price Guarantee! 99% Signal Reliability, backed by guarantee. Includes Multi-Sport with NFL Redzone. Switch and Get a FREE $100 Gift Card. Call today! 1-866-950-6757.

UNIVERSITY RECREATION
CENTRAL MICHIGAN UNIVERSITY

GROUP *fitness* FREE WEEKLY FITNESS CLASS

Can't make it in person?
Check out our prerecorded fitness classes!

Monday

Release & Restore
6pm-6:30pm in Wellness Studio

Meditation
6:30pm-7pm in Wellness Studio

MMA Fit
6:30pm-7pm in MP Fit

Tuesday

Cycle
8am-8:30am in Wellness Studio
8:30-9am in Wellness Studio

Hatha Yoga
6pm-7pm in Rose 134

Strength
6pm-6:45pm in MP Fit

Wednesday

Release & Restore
6pm-6:30pm in Wellness Studio

Meditation
6:30pm-7pm in Wellness Studio

MMA Fit
6:30pm-7pm in MP Fit

Thursday

Cycle
8am-8:30am in Wellness Studio
8:30-9am in Wellness Studio

Strength
6pm-6:45pm in MP Fit

Hatha Yoga with *Meditation*
7pm-8:15pm in Rose 134

6pm-7pm in MAC Gym 1

Nepali Dance Fit
(Held the first Thursday of each month)

Zumba
(Held every other Thursday)

FITNESS & *wellness*

All classes are first come, first served!
Check our Social Media for more information @URECCMU

UNIVERSITY RECREATION
CENTRAL MICHIGAN UNIVERSITY

McLaren Community Days at the Central Michigan University - Student Activity Center

Tickets are only $4.95 per person!
(ages 3 and under are free)

McLaren CENTRAL MICHIGAN Community Days
CMU University Recreation
Fitness and Fun for Everyone!

Upcoming Dates:
(2pm-5pm)

April 15th

CFX 95.3 Proud partner of McLaren Community Days

Your $4.95 ticket includes the following activities for FREE:

ESports, Racquetball, Walleyball, Ping Pong, Billiards, and Open Swim

---

SIGN UP NOW FOR IM SPORTS!

Registration closes soon for the following:

#cmuIMsports

SUPER SMASH BROS
TO CLOSE 3/22 AT MIDNIGHT

ULIMATE FRISBEE
TO CLOSE 4/5 AT MIDNIGHT

APEX
TO CLOSE 4/12 AT MIDNIGHT

TENNIS (SINGLES & DOUBLES)
TO CLOSE 4/20 AT MIDNIGHT

REGISTER AT IMLEAGUES.COM/CMICH

"WE INSPIRE ENGAGEMENT"

BRINGING YOU THE BEST IN LIVE ENTERTAINMENT

KOOL & THE GANG

SATURDAY, MARCH 18 | 8:00PM
$40, $50, $66, $74

REO SPEEDWAGON

SATURDAY, MARCH 25 | 8:00PM
SOLD OUT

JORDAN DAVIS

FRIDAY, APRIL 7 | 8:00PM
SOLD OUT

MAXWELL
THE NIGHT TOUR

FRIDAY, APRIL 14 | 8:00PM
$69, $89, $102, $109

ALICE COOPER
TOO CLOSE FOR COMFORT

FRIDAY, APRIL 28 | 8:00PM
$44, $54, $72, $78

CHICAGO

FRIDAY, MAY 5 | 8:00PM
SOLD OUT

BOBBY PULIDO
WITH SPECIAL GUEST GARY HOBBS

SATURDAY, MAY 6 | 8:00PM
$20, $35, $55

GODSMACK
WITH SPECIAL GUESTS
BULLET FOR MY VALENTINE & BAD WOLVES

FRIDAY, MAY 26 | 8:00PM
$28, $48, $72, $83

Complete show lineup available at SoaringEagleCasino.com

Visit the Soaring Eagle Casino & Resort box office, purchase two or more tickets (*prior to day of show) to any show with cash or credit and receive **$20 in Premium Play** on the day of show.

Get your tickets at **Soaring Eagle Casino** or **Saganing Eagles Landing Casino Box Offices,** ETIX.COM or call 1.800.513.ETIX.

soaringeaglecasino.com Mt. Pleasant, MI | 1.888.7.EAGLE.7

Performances held at Soaring Eagle Casino & Resort in Mt. Pleasant, Michigan.
Entertainment subject to cancellation. Management reserves all rights.

SOARING EAGLE
CASINO & RESORT®